



GROUPEL FILLETS

Product	Grouper
Scientific Name	<i>Epinephelus Areolatus</i>
Brand	Channel
Form	Fillets
Country of Origin	China
Pack Size	1 x 10 LB
Pack Type	IWP
Net Weight (In LBS)	10 LB
Gross Weight (In LBS)	11 LB
Product Mix	Grouper
Breaded/Battered	No
Bones In/Out	Out
Shell On/Off	N/A
Skin On/Off	Off
Tail On/Off	N/A
Condition	Frozen, Excellent
Flavor Profile	Mild
Texture Profile	Firm
Cooking Methods	Baking, Broiling, Grilling, Frying, Steaming
Seasonality	May - December
Handling Storage	Keep Frozen at -18°C or Less
Farmed / Wild	Wild
Method of Catch	Hand Lines
Ti/Hi	10 x 12
Case Dimensions	15.15 x 10.03 x 4.33
Shelf Life	2 Years from Production Date
Ingredients	<i>Grouper; Sodium Tripolyphosphate (to Retain Moisture)</i>



Nutrition Facts

1 servings per container	
Serving size	1 Fillet (259g)
Amount Per Serving	
Calories	240
	% Daily Value*
Total Fat 3g	4%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
Cholesterol 95mg	32%
Sodium 135mg	6%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 50g	100%
Vitamin D 0mcg	0%
Calcium 91mg	8%
Iron 2.34mg	15%
Potassium 0mg	0%
Vitamin A	8%
Vitamin C	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**FOR SAUTÉING AND BROILING APPLICATIONS:
DO NOT THAW THIS PRODUCT COMPLETELY
BEFORE COOKING. COOK FROM FROZEN OR
PARTIALLY FROZEN STATE.**

Size	Item Code	UPC #	GTIN
2-4 OZ	GR52091	724155060008	10724155060005
4-6 OZ	GR52092	724155060022	10724155060029
6-8 OZ	GR52093	724155060039	10724155060036
8-10 OZ	GR52094	724155060046	10724155060043
10-12 OZ	GR52095	724155060053	10724155060050

Standards	Limit	Unit
Microbiology		
TPC	500,000	MPN/g
E. Coli	10	MPN/g
Salmonella	ND	MPN/25g
Staphylococcus aureus	100	MPN/g
Chemical		
Histamine	< 35	ppm
Mercury	< 1	ppm



ADDRESS
4755 Technology Way, #107
Boca Raton, FL 33431

BOCA RATON, FL **LOS ANGELES, CA**
P. 561.994.3400 P. 818.237.5818
F. 561.994.3408 F. 818.237.5170

WEB
sales@ChannelSeafoods.com
www.ChannelSeafoods.com

Inventories @ Preferred South FL & LA Cold Central