

# SWAI FILLETS

<b>Product</b>	Swai
<b>Scientific Name</b>	<i>Pangasianodon Hypothalamus</i>
<b>Brand</b>	Channel's Golden Sun
<b>Form</b>	IVP Fillets
<b>Country of Origin</b>	Vietnam
<b>Pack Size</b>	10 x 2 LB
<b>Pack Type</b>	2 LB Bag
<b>Net Weight (In LBS)</b>	20 LB
<b>Gross Weight (In LBS)</b>	22 LB
<b>Product Mix</b>	Swai
<b>Breaded/Battered</b>	No
<b>Bones In/Out</b>	Out
<b>Shell On/Off</b>	N/A
<b>Skin On/Off</b>	Off
<b>Tail On/Off</b>	Off
<b>Condition</b>	Frozen, Excellent
<b>Flavor Profile</b>	Sweet and Mild
<b>Texture Profile</b>	Delicate
<b>Cooking Methods</b>	Baking, Broiling, Frying, Sautéing
<b>Seasonality</b>	All Year Round
<b>Handling Storage</b>	Keep Frozen at -18C or Less
<b>Farmed / Wild</b>	Farm-Raised
<b>Method of Catch</b>	Cultivated
<b>Ti/Hi</b>	10 x 7
<b>Case Dimensions</b>	15.5 x 12 x 9
<b>Shelf Life</b>	2 Years from Production Date
<b>Ingredients</b>	<i>Swai</i>



<b>Nutrition Facts</b>	
Serving size	1 Fillet (159g)
Amount Per Serving	<b>220</b>
<b>Calories</b>	
	% Daily Value*
<b>Total Fat</b> 12g	15%
Saturated Fat 3g	15%
Trans Fat 25g	
<b>Cholesterol</b> 75mg	25%
<b>Sodium</b> 85mg	4%
<b>Total Carbohydrate</b> 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
<b>Protein</b> 45g	90%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.72mg	4%
Potassium 0mg	0%
Vitamin A	2%
Vitamin C	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Size	Item Code	UPC #	GTIN
5-7 OZ	SW55508	724155781460	10724155781467

Standards	Limit	Unit
<b>Microbiology</b>		
TPC	500,000	MPN/g
E. Coli	10	MPN/g
Salmonella	ND	MPN/25g
Staphylococcus aureus	100	MPN/g
<b>Chemical</b>		
Histamine	< 35	ppm
Mercury	< 1	ppm



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