



GROUPE FILLETS "NATURAL"

Product	Grouper
Scientific Name	<i>Epinephelus Spp</i>
Brand	Channel
Form	Filletts
Country of Origin	China
Pack Size	1 x 10 LB
Pack Type	IVP
Net Weight (In LBS)	10 LB
Gross Weight (In LBS)	11 LB
Product Mix	Grouper
Breaded/Battered	No
Bones In/Out	Out
Shell On/Off	N/A
Skin On/Off	Off
Tail On/Off	Off
Condition	Frozen, Excellent. DNA TESTED. MOISTURE 83%
Flavor Profile	Mild
Texture Profile	Firm
Cooking Methods	Baking, Broiling, Grilling, Frying, Steaming
Seasonality	May - December
Handling Storage	Keep Frozen at -18C or Less
Farmed / Wild	Wild
Method of Catch	Hand Lines
Ti/Hi	10 x 12
Case Dimensions	14.5 x 9.5 x 5.5
Shelf Life	2 Years from Production Date
Ingredients	<i>Grouper</i>



Nutrition Facts

1 servings per container	
Serving size	1 Fillet (259g)
Amount Per Serving	
Calories	240
<small>% Daily Value*</small>	
Total Fat 3g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 95mg	32%
Sodium 135mg	6%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 50g	100%
Vitamin D 0mcg	0%
Calcium 91mg	8%
Iron 2.34mg	15%
Potassium 0mg	0%
Vitamin A	8%
Vitamin C	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**FOR SAUTÉING AND BROILING APPLICATIONS:
DO NOT THAW THIS PRODUCT COMPLETELY
BEFORE COOKING. COOK FROM FROZEN OR
PARTIALLY FROZEN STATE.**

Size	Item Code	UPC #	GTIN
4-6 OZ	GR52096	724155003074	10724155003071
6-8 OZ	GR52097	724155003081	10724155003088
8-10 OZ	GR52098	724155003098	10724155003095
10-12 OZ	GR52099	724155003104	10724155003101

Standards	Limit	Unit
Microbiology		
TPC	500,000	MPN/g
E. Coli	10	MPN/g
Salmonella	ND	MPN/25g
Staphylococcus aureus	100	MPN/g
Chemical		
Histamine	< 35	ppm
		ppm



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