



**POLLOCK
FILLETS
NATURAL CHEM FREE**

Product Pollock
Scientific Name *Theragra Chalcogramma*
Brand Channel
Form Fillets
Country of Origin China
Pack Size 4 x 10 LB
Pack Type Bulk, IQF
Net Weight (In LBS) 40 LB
Gross Weight (In LBS) 44 LB
Product Mix Pollock
Breaded/Battered No
Bones In/Out Out
Shell On/Off N/A
Skin On/Off Off
Tail On/Off N/A
Condition Frozen, Excellent
Flavor Profile Mild
Texture Profile Firm, Slightly Coarse
Cooking Methods Baking, Broiling, Frying, Steaming, Sautéing
Seasonality October - March
Handling Storage Keep Frozen at -18C or Less
Farmed / Wild Wild
Method of Catch Otter Trawl
Ti/Hi 5 x 7
Case Dimensions 21.5 x 16 x 9
Shelf Life 2 Years from Production Date
Ingredients *Pollock*



Nutrition Facts	
Serving size	0.5 Fillet (193g)
Amount Per Serving	
Calories	180
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 170mg	7%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 38g	76%
Vitamin D 0mcg	0%
Calcium 156mg	10%
Iron 0.9mg	4%
Potassium 0mg	0%
Vitamin A	0%
Vitamin C	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Size	Item Code	UPC #	GTIN
2-4 OZ	PO53601	724155002848	10724155002845
4-6 OZ	PO53602	724155002855	10724155002852
6-8 OZ	PO53603	724155002862	10724155002869
8-10 OZ	PO53604	724155002879	10724155002876

Standards	Limit	Unit
Microbiology		
TPC	500,000	MPN/g
E. Coli	10	MPN/g
Salmonella	ND	MPN/25g
Staphylococcus aureus	100	MPN/g
Chemical		
Histamine	< 35	ppm
Mercury	< 1	ppm



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ALASKA POLLOCK
SKINLESS, BONELESS, IQF

IMPORTERS OF FROZEN SEAFOOD SINCE 1983

THIS PRODUCT HAS BEEN PRODUCED UNDER A HACCP PLAN AS MONITORED BY THE FDA. • KEEP FROZEN AT -18 DEGREES OR LESS



POLLOCK FILETS

ALASKA POLLOCK
SKINLESS, BONELESS, IQF
NATURAL, CHEM FREE



www.Channelside.com

NET WT. 10 lbs 4.53 kg

PRODUCT NAME	DESCRIPTION
24 oz PO35801	24 oz Skinless, Boneless, IQF Pollock Fillets
44 oz PO35802	44 oz Skinless, Boneless, IQF Pollock Fillets
44 oz PO35803	44 oz Skinless, Boneless, IQF Pollock Fillets
8.10 oz PO35804	8.10 oz Skinless, Boneless, IQF Pollock Fillets

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ПОЛЛОК ФИЛЕТЫ



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