MILKFISH

Product: Milkfish
Scientific Name: *Chanos Chanos*
Brand: Channel
Form: Whole Round
Country of Origin: Indonesia and Taiwan
Pack Size: 40 LB
Pack Type: Bulk
Net Weight (In LBS): 40 LB
Gross Weight (In LBS): 44 LB
Product Mix: Milkfish
Breaded/Battered: N/A
Bones In/Out: In
Shell On/Off: N/A
Skin On/Off: On
Tail On/Off: On
Condition: Frozen, Excellent
Flavor Profile: Medium/Mild
Texture Profile: Firm
Cooking Methods: Broiling, Frying, Grilling, Simmering, Sautéing
Seasonality: July - November
Handling Storage: Keep Frozen at -18°C or Less
Farmed / Wild: Farm-Raised
Method of Catch: Tanks
Ti/Hi: 5 x 8
Case Dimensions: 20.5 x 14 x 8.5
Shelf Life: 2 Years from Production Date
Ingredients: Milkfish

Nutrition Facts
Serving Size 3 oz 85g (85 g)

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>% Daily Value*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories 126</td>
<td>Calories from Fat 52</td>
</tr>
<tr>
<td>Total Fat 6g</td>
<td>9%</td>
</tr>
<tr>
<td>Saturated Fat 1g</td>
<td>7%</td>
</tr>
<tr>
<td>Trans Fat</td>
<td>3%</td>
</tr>
<tr>
<td>Cholesterol 44mg</td>
<td>15%</td>
</tr>
<tr>
<td>Sodium 61mg</td>
<td>3%</td>
</tr>
<tr>
<td>Total Carbohydrate 0g</td>
<td>0%</td>
</tr>
<tr>
<td>Dietary Fiber 0g</td>
<td>0%</td>
</tr>
<tr>
<td>Sugars 0g</td>
<td></td>
</tr>
<tr>
<td>Protein 17g</td>
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</table>

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Microbiology
- **TPC**: 500,000 MPN/g
- **E. Coli**: 10 MPN/g
- **Salmonella**: ND MPN/25g
- **Staphylococcus aureus**: 100 MPN/g

Chemical
- **Histamine**: < 35 ppm
- **Mercury**: < 1 ppm

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